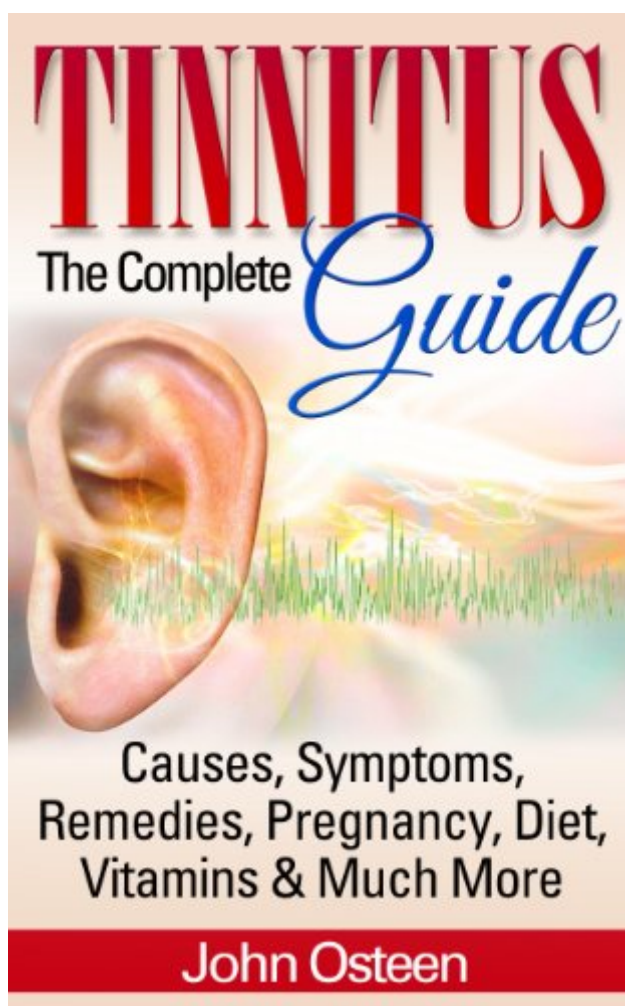


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# Tinnitus - The Complete Guide: Causes, Symptoms, Remedies, Pregnancy, Diet, Vitamins & Much More



## Synopsis

Inside John Osteen's "Tinnitus - The Complete Guide" • The ultimate tinnitus guide...this guide is written as a useful and informative overview for sufferers of tinnitus. Up to date information...in an effort to resolve the increasing problem of tinnitus and to help people avoid the condition, research is being conducted by numerous hospitals, universities, and the American Tinnitus Association. Research has discovered more than one type of tinnitus, the prevalence of the condition, its causes including those linked to other disorders, temporary conditions, and diseases, symptoms, and various remedies. Research is currently looking for a cure to mild and severe cases of tinnitus. Physicians may treat tinnitus by treating related causes or seek to mask the symptom of tinnitus through various treatment plans. 10 of the Most Common Tinnitus Topics Inside this eBook Here's a list of the topics you'll find inside "Tinnitus - The Complete Guide": -What is Tinnitus, tinnitus is a very real disorder of the ear with numerous causes and can be incurable -Tinnitus Symptoms, depending on the cause of tinnitus, one or more symptoms may be present -Tinnitus Causes, to fully understand the numerous causes, first recognize that some are physical and others are not -Tinnitus: Diet & Vitamins, both can cause tinnitus, and alleviate symptoms. Discover which ones are good and what can be harmful -Tinnitus Relief, the cause of tinnitus is going to determine the relief a person can gain from it...-Tinnitus in Pregnancy, tinnitus is more common in pregnancy than one might think -Tinnitus in Children, tinnitus is as common in adults as in children. Children are unaware the consistent ringing is an issue...-The Effects of Tinnitus, frustration can be highly prevalent in sufferers trying to find the cause, cure, or proper treatment -Tinnitus Retraining Therapy, was developed to retrain the brain to ignore signals causing the ringing sound of tinnitus...-Tinnitus in the Military/Armed Forces, nowhere is the symptom of tinnitus worse than in the military and branches of the armed forces -Tinnitus: The Complete Guide - eBook Features-Easy Navigation: Move from one chapter to another without having to scroll through the book to find what you want. -Bookmark Your Page: Bookmark your page so you can continue where you left off when you're ready. -Add Notes: Want to return to something important or interesting? Just add your note to the book and refer to it later. About Tinnitus - The Complete Guide: This book was put together as an informative guide for tinnitus sufferers and anyone wanting quality up-to-date information about tinnitus, its causes, symptoms, treatment and much more.

## Book Information

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## Customer Reviews

If you have found this book you are probably also wishing for a cure for Tinnitus. The constant ringing, buzzing or roaring can be very distracting. It happens to me now and then and I wonder why it comes and goes. One of the things Tinnitus might be a result of is listening to loud music. I do that rarely and normally try to keep the volume of my headphones at a regular level. But you know how sometimes you hear a really good song and want to turn up the volume. Few people have ever told me how to avoid getting Tinnitus in the first place but I know at least two people who have experienced it and also have said they have hearing loss. This book talks about the fact that the sound is not psychologically based but it can cause a great deal of stress. There is some information about Meniere's disease, sensorineural tinnitus, cochlea damage and presbycusis. Some of the remedies include taking a prescription medication, using white noise to distract yourself, listening to music and employing retraining therapy to help distract from the problem. I did not find this book had a lot of natural remedies. It did not talk about some of the remedies on the market that I've heard of. That would have been helpful and interesting. However if you are looking for an overview of this problem then you may find lots to contemplate. So is there a cure? This book

does not hold out hope but explains how you can decrease symptoms.~The Rebecca Review

Little more than one of those pamphlets in a doctor's office. It provides a general overview of the condition but little else.

I now have a much better understanding of tinnitus and discovered ways to alleviate my problem or ways that may stop it. I believe anyone with ears, with tinnitus or not, should read this book as it covers ways that can avoid the condition, medical and natural.

I found some really interesting information that was new to me. Other, different approaches to the problem of tinnitus. I'm looking forward to trying out the treatments they suggest especially the more natural ones.

This is a very informative guide. It is very thorough and includes everything I needed to know about tinnitus. A great help!

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Tinnitus: Tinnitus Treatment Solutions - How To Cure Tinnitus And Get Instant Relief! (Tinnitus Miracle, Tinnitus Cure, Hearing Loss)  
Tinnitus STOP! - The Complete Guide On Ringing In The Ears, Natural Tinnitus Remedies, And A Holistic System For Permanent Tinnitus Relief  
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Scabies and Lice Explained: Causes, Prevention, Treatment, and Remedies All Covered! Information including symptoms, cure, removal, eggs, home remedies, ... natural treatment, life cycle, & more!  
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I Can Live With My Tinnitus: A Survival Guide For Tinnitus  
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Tinnitus  
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Hearing Naturally, Tinnitus Treatment Relief (Hearing Loss Cure, Tinnitus ... Health Restoration, Natural Cures) Home Remedies for Ulcers (ulcer, stomach ulcer, peptic ulcer, ulcer symptoms, stomach ulcer symptoms, ulcer treatment, mouth ulcer, mouth ulcers, cold sore, cold sore remedies, cold sores) South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Ketogenic Diet: Ketogenic Diet Mistakes You Need To Know **\*\*BONUS\*\*** 30 Day Accelerated Fat Loss Meal Plan! (ketogenic diet, ketogenic diet for weight loss, ... diet, paleo diet, anti inflammatory diet) PALEO: Paleo Diet For Rapid Weight Loss: Lose Up To 30 lbs. In 30 Days (Paleo diet, Paleo diet for weight loss, Paleo diet for beginners, Diabetes diet, Ketogenic diet, Anti inflammatory diet) Ketogenic Diet: The Best Diet For Rapid Weight Loss: Over 21 Recipes & Meal Plans Included (Ketogenic Diet, Seizure Diet, Anti Inflammatory Diet, High ... Diet, Epilepsy Diet, Paleo, Ketosis Foods) Paleo Diet: 1001 Best Paleo Diet Recipes of All Time (Paleo Diet, Paleo Diet For Beginners, Paleo Diet Cookbook, Paleo Diet Recipes, Paleo, Paleo Cookbook, Paleo Slow Cooker, Paleo Diet Meals) Probiotics: No More Ulcers, Constipation, Stomach Ache, Diarrhea, and Much More: (Probiotics, Essential Oils, Aromatherapy, Vitamins, Supplements) The All New Atkins Diet: A Complete Guidebook For Balanced Carbs, Delicious Food, And Quick Results (atkins diet, low carb, mayo clinic diet, whole 30, ... diet, dash diet, paleo diet, weight loss)

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